

ANJALI T M

CONSULTANT PSYCHOLOGIST

Aspiring psychologist with a Post Graduation Degree in Applied Psychology. Individual seeking the opportunity to improve personal skills in administration to a psychology Assistant position with required institution. Passionate about the quality of mental health and helping individuals to improve their mental health

Contact

9567669064

aanju5850@gmail.com

Thazhath House,
Kannadi(po),
Kannanur, Palakkad
678701 - kerala

Personal details

- DATE OF BIRTH - 20.11.1999
- NATIONALITY - INDIAN
- GENDER - FEMALE
- MARITAL STATUS - SINGLE

Skills

- COUNSELING
- EFFECTIVE COMMUNICATION
- PROBLEM SOLVING s
- PRESENTATION SKILLS
- SOCIAL SERVICE
- INTERPERSONAL SKILLS
- MENTORING

EDUCATION

2021 - 2023 - MSc Applied psychology,
Bharathiar University (regular, full time)

2018-2021 - BSc Psychology
Sree Narayana Guru college, Coimbatore

2016 -2018 - Plus Two
Kannadi Higher Secondary school,Palakkad

2016 - SSLC
Bhavans vidya mandir, Coyalmannam, Palakkad

VALUE ADDED COURSE

- **2022 - Swayam NPTEL**
  Introduction to basic cognitive process
- **2019 – Swayam NPTEL**
  Consumer psychology

INTERNSHIP

Completed 4 months internship in **Clinical Psychology- Institute of Mental Health and Neurosciences (IMHANS), Calicut.**

- Administered and assisted psychological Assessments
- Observed adults and child Cases and case work - ups & follow-ups.
- Attended IQ Camps
- Attended Training seminars, case discussions
- Ability to communicate and establish rapport with clients as a healthy and therapeutic relationships.

Languages

- ENGLISH
- MALAYALAM
- TAMIL

CONFERENCES

InSPA International conference at Pondicherry University- October,2022

WORKSHOPS

- Participated one day training programme on "**The Protection of Children from Sexual Offence Act, 2012 and Child Sexual Abuse"** organized by IMHANS, Kozhikode.
- Participated in one day workshops on "**Advanced Counselling Skills**" at Divyodha Inter – Religious Centre, Coimbatore
- Skill Certificate on **"Indian sign language"**
- International workshop on, **"Depression: Strategies to overcome"** at Sree Narayana Guru college, Coimbatore
- Voluntered in the **Awareness to learn on Sign Language**, organized by Deaf Leaders Foundation.
- One day Training programme on **"Human Rights".**

REFERENCE

Will be furnished on request