

SHANMUGAPRIYA PALANISAMY

PSYCHOLOGIST

CONTACT

+91 94428 67680

karthikapsm063@gmail.com

391/4 Pudhupettai,
Sanniyasigundu, Ammapet,
Salem-636015.

SKILLS

- Cognitive Behavioral Therapy
- Observation Skills
- Family Counselling
- Individual and Group Therapy
- Diagnostic skills
- Empathy and active listening

EDUCATION

2019-2021

M.Sc Psychology

Govt Arts&Sceince College, Coimbatore

2016-2019

B.Sc Psychology

Govt Arts&Sceince College, Coimbatore

2014-2016

Higher Secondary

Vedha Vikas Hr Sec School, Salem

PROFILE

Passionate about facilitating positive change and fostering resilience, I am a dedicated psychologist committed to supporting individuals in their journey towards mental well-being. With a blend of empathy, expertise, and evidence-based interventions, I strive to create a safe and collaborative therapeutic environment where clients can explore their concerns, cultivate self-awareness, and unlock their full potential.I am confident in my ability to make a meaningful difference in the lives of those I serve. I look forward to the opportunity to contribute to the well-being of your clients and community.

EXPERIENCE

2023-2024 (April - Present)

Calmscious Therapy - Salem

I provided counseling to adults, addressing issues like stress, anxiety, depression, phobias, schizophrenia, bipolar disorder, and other challenges. Additionally, I have expertise in offering counseling to school and college students to enhance their academic experiences.

2022-2023 (01 Years)

Steps Rehablitation Center - Coimbatore

I have expertise in working at a rehabilitation center, delivering behavioral therapy to children facing challenges like autism, ADHD, Down syndrome, and other psychological issues. Additionally, I offered counseling to parents, addressing stress, anxiety, and depression.

2021-2022 (0.6 Years)

Wings Mind Care Center - Coimbatore

I Provided counseling for adults dealing with psychological issues such as stress, anxiety, depression and phobias.

LANGUAGE

- Tamil (Proficient)
- English (Proficient)
- Hindi (To read, write)