

SANDHIYA KANDHASAMY

Karate-Self defence Trainer

About Me

SGFI - Tamil Nadu Team Manager
Judge - Karate India Organization
Coach - National and Tamil Nadu Team
Female Head Coach - Coimbatore District Karate-Do Association
Referee Commission Member – South India Karate Federation, Tamil Nadu Sports Karate-Do Association
National Gold Medalist

8778301556

sandhiyakarate@gmail.com

6/27E, Sk Nivas, Vaiyampalayam,
King's castle Phase-1,
Coimbatore

CAREER OBJECTIVE

Seeking a post of a karate - Self defence trainer in the organization wherein I can make best use of my qualities for training students in various Martial arts.

EXPERTISE

- · Administrating the karate activities and ability to work efficiently.
- · Ability to demonstrate the various techniques of karate art and familiarity with the various rules and regulations of this field
- · Organizational skills as well as great physical stamina
- · Capability to help the people to learn the skills and techniques of different karate arts & Diet Programs.
- · Highly skilled in arranging the training programs for the students.
- · Capability to maintain the equipment that are required for the training and ability to look after the health and safety of students
- Ability to motivate the participants for fruitful results
- · Profound knowledge of the various karate arts like martial arts
- · Good observation skill and good communication skills

CERTIFICATION

- Appointed as Tamil Nadu Karate Team Manager for SGFI game held in New Delhi - 2023
- Participated as Referee Panel Member for 41st Tamilnadu State karate championship held at Chennai- 2023
- Participated as Referee Panel Member for 2nd South India Karate federation championship held at Thiruvandrum - 2023
- Participated as Referee Panel Member for 41st Tamilndu State karate championship held at Chennai- 2023
- Qualified as a National KIO Judge held in Chennai- 2022

AWARDS

ZKSI has awarded - Emerging Coach of 2024

Rotary Club Kunathur has awarded - Warrior women of 2023

ACHIEVEMENTS

1.Tamilnadu Athlete Development (TAD) & Kongu Sports Karate Coimbatore District Association conducted a exclusive state level Advanced Kumite Training camp for the school students by Tamilnadu Karate state Association & Sensei.Meharan Abdholapur (IRAN) World Champion (WKF) & International Game Champion, on June 24th & 25th 2023(Saturday & Sunday) in Sri Ramakrishna Matric Higher Secondary School,Avarampalayam. The Following students participated was

- P.T. Harishmitha - SRMHSS
- V.S. Harshini - SRMHSS
- Rohan.K.V - SRMHSS
- M.Mithun Sakthivelavan - SRMHSS
- P.Abhinav - SRCS

2. Zsuki international tournament held at ksirs international school on July 7,8&9 2023 our students have participated got medals in Various events. **Kata** Gold🥇 - 4 Silver 🥈 -9 Bronze 🥉 - 6 : **Kumite** Gold🥇 - 4 Silver 🥈-1 Bronze 🥉 - 4

3.Coimbatore District Sports Karate Championship-2023 conducted by Kongu Sports karate Do, Our students totally got 7 - gold🥇4- silver🥈8- Bronze🥉

4. 3 Bronze🥉 in 39th Sub junior state has been conducted by Tamilnadu sports Karate-Do Association on July 29&30, 2023

5. 67th National School Games - Tamilnadu State karate selection trials at KPR Institute of Technology, Organized by SGFI on September 29,30 and October 1, 2023. 4 Winners and 2 Runners,Got selected for the national games which gonna happened in Delhi and Punjab by this Year End.

6. 9th Open National Ken I Kan karate League organized by Ken I Kan karate school at M.R Kalyana Mandapam, Coimbatore on October 14&15,2023. Our students have participated and won-18 1st Prize🥇 15-2nd Prize🥈=25 -3rd Prize🥉 prize and won the overall trophy

7. 1- Gold🥇 1-Silver 🥈5-Bronze 🥉in 40th Tamilnadu State Karate Championship-2023 Organized by Tamilnadu Sports karate-Do Association held at Santhom Indore auditorium-Chennai on 21&22 October 2023,

8. 2- Gold🥇 2-Silver 🥈3-Bronze 🥉 in Revenue District Taekwondo tournament 🥋💥 on 01-12-2023 organized by Tamilnadu State Government at SNMV College, Mallumachampatti.

9.S.Mahima has been participated in 67th National School game organised by SGFI on 15-12-2023 to 19-12-2023 at Chattarasal Stadium New Delhi.

10. V.S Harshini,H.Prem Arunachalam,P.Kishore has been in 67th National School game organised by SGFI on Jan 5.1.2024to 11-1-2024 at Ludhiyana, Punjab.

11. K.Meghashree has participated in Team Kata and got selected in Top 16 Position in University Game - Inter Zone level on 12.1.2024-16.1.2024 held at Bhopal.

12 .N.Prateeksha has won the 1st prize in Rovers International students sports carnival organised by Rovers Sports Academy held on 11.2.2024 at UAE (Dubai).

13. Zsuki Interschool Karate Championship 2024 - conducted by ZKSI, Our students totally got 21 - gold🥇19- silver🥈6- Bronze🥉