KARTHIGA K



CONTACT

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OBJECTIVE

To leverage my expertise in Psychology to inspire and educate students, foster a dynamic learning environment, and contribute to the advancement of psychological knowledge through research and academic collaboration as a dedicated professor in the field.

LANGUAGE

- Tamil, English (Read and Write)

SKILLS

- Communication skill, Teaching skill, leadership skill, Problem solving skill, creativity

WORK EXPERIENCE

Psychology trainee (intern)

Spark medical Center, Madurai

- Finished training in a clinical and counseling environment for individuals recovering from addiction.
- Acquired skills in conducting Mental State Examinations, gathering case histories, delivering interactive lectures on assigned topics
- Leading group therapy sessions, and implementing practical mindfulness training.

Psychology trainee (intern)

MADURAI DISTRICT CO OPERATIVE MILK PRODUCERS UNION LTD(AAVIN) HEAD OFFICE

- Acquired insights into industrial counseling, involving the evaluation of employee attitudes, job satisfaction, and job performance through interviews and various assessment tools.

Psychology trainee (intern)

TOPKIDS COUNSELING CENTER, MADURAI

- Attained a comprehensive understanding of counseling by actively observing individual and family counseling sessions.
- Giving counseling to the divorces cases in all women police station in madurai
- Additionally, organized a stress reduction workshop for cooperative officers in Madurai.

psychology trainee (intern)

ILLAKUVANAR MENTAL HEALTH CENTRE

- Finished my clinical training in both inpatient and outpatient settings, where I observed the administration of modified Electroconvulsive Therapy (ECT) to psychiatric patients.

psychology (intern)

SPARKS VIDYALAYA (SCHOOL OF AUTISM)

- Assisting students with disabilities by offering personalized guidance and instruction, as well as aiding individuals in acquiring, recovering, or preserving the skills necessary for everyday life and meaningful activities.
- I had the opportunity to collaborate with speech and occupational therapists, providing therapy to children and acquiring valuable skills in effectively working with special needs children.

Associate Psychologist (intern) **11/12/2023 - 30/03/2024**
Ahana Hospital

- I have acquired hands-on experience in client management within a clinical environment, encompassing both outpatient and inpatient settings.
- My responsibilities include conducting comprehensive case histories, performing mental status examinations, delivering counseling services, and administering therapies.
- Additionally, I have worked in a rehabilitation setting and provided support to special needs children, gaining valuable insights and expertise in diverse patient populations.

EDUCATION

M. Sc. Applied Psychology **2022 - Present**
Bharathiar University

B. Sc Psychology **2019 - 2022**
Thiagarajar college
80%

Higer Secondary Education **2018 - 2019**
Velammal Matric Hr. Sec. School
70.8%

Secondary Education **2016 - 2017**
Kamarajar Matric Hr. Sec. School
95.4%

RESEARCH

I done a research on the topic of 'media violence and physical aggression as predictors of academic performance among adolescent students'.

CONFERENCE

International conference on current trends in basic and applied science

CERTIFICATE COURSES

NPTEL course on Introduction to Cognitive Psychology

NPTEL course on Psychology of learning

WORKSHOPS

Mental Status Examination by Chanakya mental health services

Corporate Graphology Hand writing Analysis by Jayant Steps

Life skill for success conducted by Computer Software College (CSC)

PAPER PRESENTATION

Bullies affecting children's mental health (state level intercollegiate students seminar)

ACTIVITIES

Youth Red Cross volunteer

Department Representative for UG and PG