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Veerapandi Pirivu, Coimbatore-641019

Education

Masters in Applied Psycholgy

- PSG College of arts & science
- CGPA 7.4

2020 - 2022

Bachelor in Psychology

- PSG College of arts & science
- CGPA 6.2

2017 - 2020

Skills

- Individual Counseling
- Psychological well-being Orientations & Seminar
- Therapy based counseling
- Team building activities
- Conducting events

Language

English

Tamil

Malayalam

Telugu

SHAMILI R

Counseling Psychologist

Profile

A passionate psychologist who has an experience to provide mental health service. Skilled in conducting individual and group therapy sessions, addressing diverse issues such as anxiety, depression and interpersonal relationships.

Work Experience

JUNE 2023 – SEP 2024

KGISL INSTITUTE OF TECHNOLOGY

Student Counselor

- Working with individuals & groups to help them improve their quality of life and overall well-being.
- Specialized in helping people deal with emotional, social, vocational, and educational challenges.

SEP 2022 – FEB 2023

KANNA EDUCATIONAL TRUST

Tele- Counselor

- Expertise in individual and group therapy, crisis intervention, and psychological assessments.
- Committed to enhancing client well-being and promoting mental health awareness.

Workshops

- Attended One day workshop on “SERENE-SKILL BUILDING WORKSHOP” organized by PSG College of Arts & Science
- Attended Exploring Emotions through Art Therapy in online organized by Ms. Sreelalitha Raghunathan- Art based therapist

Projects

- Conducted research study on “RELATIONSHIP BETWEEN HAPPINESS, GRATITUDE AND RESILIENCE AMONG COLLEGE STUDENTS”
- Conducted research study on “RELATIONSHIP BETWEEN SELF-EFFICACY, RESILIENCE AND COPING SKILLS AMONG PRIVATE SECTOR TEACHERS DURING COVID-19 PANDEMIC”.

Certifications

- Certified on Seed- training program: Training for the personality development.
- Certified on attending **NCMW** (National Conference on Mental Health &Well-Being) organized by PSG College of Arts & Science, conducted on March 2020
- Certified on attending **NCMW** (National Conference on Mental Health &Well-Being) organized by PSG College of Arts & Science, conducted on May 2022.
- Conducted an **EXTENSION ACTIVITY**- "ON DEMONSTRATING THE PSYCHOLOGICAL ASSESSMENTS TOOLS" to the school students, organized by PSG College of Arts & Science.
- Completed an online certified course in Stress Management with 50%

Volunteer

Gained valuable experience in fundraising, community outreach, providing support to vulnerable populations, and collaborating with corporate entities on social impact initiatives.

- **Fundraising**: Collected donations to support the NGO's programs and services.
- **Community outreach:** Provided learning aids and counseling services to individuals with mental health challenges.
- **Event planning:** Organized and participated in various events to raise awareness and generate funds.
- **Corporate Social Responsibility (CSR) Projects:** Volunteered in CSR projects initiated by local businesses and organizations.