MADHU MITHA.S

PSYCHOLOGIST

CONTACT

7448977999

smadhum7@gmail.com

EXPERIENCE

Psychologist,Steps Groups

2023 - PRESENT

- Assess and diagnose Mental and Behavioural disorders and problems in children.

Psychology Intern

- Institute of Mental Health.(July 2022 -Aug 2022
- The Coimbatore productivity council.(Sep 2020)
- Fortis Mental Healthcare ltd.(July 2020)
- Psychexplorer Intership program (Heartitout) Dec 2024

EDUCATION

PG Diploma in Guidance and counseling

2024 - 2025
Madurai Kamaraj University,
Madurai,Tamilnadu

M.Sc. in Psychology

2021 - 2023
Goverment Arts College,
Coimbatore,Tamil Nadu

B.Sc. in Psychology

2018 - 2021
PSG college of Arts and science,
Coimbatore,Tamil Nadu

SKILLS

- Group Therapy
- Behavior Observation
- Adaptability and Flexibility
- Treatment Plan
- Active Listening

PROFILE

Empathetic and conscientious Psychologist committed to providing effective care and mental health education. Offering patient-focused practice style emphasising active participation in development of treatment plans. Successfully establishes rapport with patients while maintaining appropriate boundaries.

ACCOMPLISHMENTS

- 1st Rank holder in M.Sc., Psychology (2021-2023).
- 2nd place in Quiz competition.
- 3rd place in Connexions.

WORKSHOPS

- Recent advances in behavior therapy
- Psych-careers
- Introduction to Positive Psychology, psychotherapy, Art in therapy, PsychoOncology, Fashion Psychology.
- Feminine hygiene.
- Inclusive Curriculum and Digital pedagogies for Children with Special needs.

CONFERENCE

- Multidisciplinary approaches to nurturing children and youth(2019).
- Mental health and Well being(2020).
- Mental health and Well being(2022).
- Fostering Well-Being across Lifespan(2023).

PAPER PRESENTATION

- Multidisciplinary approaches to nurturing children and youth(2019).
- Mental health and Well being(2020).
- Mental health and Well being(2022).
- Fostering Well-Being across Lifespan(2023).

REFERENCE

Dr. P. Thamilselvan,
Assistant Professor, Department of Psychology,
PSG College of Arts & Science, Coimbatore-641014, Tamil Nadu, India.
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