M. SUBITSA

PSYCHOLOGIST

1/2 SECOND CROSS STREET, RVE LAYOUT,
THENNAMPALAYAM, TIRUPPUR

+91 88707 75045

subitsakumar@gmail.com

CAREER OVERVIEW

Results-driven psychology graduate with a deep interest in researching and analyzing patient behavior to provide an accurate diagnosis. Possessing good leadership and interpersonal abilities and able to solve complex problems alone as well as within a team with a very professional demeanor. Talent for observing emotional disorders and brainstorming effective treatment plans to help clients achieve their goals over the short and long term.

EDUCATION

- PhD in Psychology (PT)
  Govt Arts College,
  Coimbatore
  2023 - Present
- M. Sc., Clinical Psychology
  Annamalai University
  2017 - 2022

SKILLS

- Communication
- Ethical understanding and behaviour
- Patience and active listening
- Self-awareness
- Problem Solving
- Research

REFERENCE

Dr. P. Thamilselvan
Head & Assistant Professor
PSG College of Arts and Science College, Coimbatore
thamil.selvan04@gmail.com
+91 98655 85987

LANGAUGE

- English
  Full Professional Proficiency
- Tamil
  Full Professional Proficiency

WORK EXPERIENCE

Assistant Professor & Head Students Individual Counsellor

Kongu Arts & Science College, Erode
2022 - 2024

Psychologist

Government Model School, Erode
Part Time (On Need Basis)

PROJECTS

Effectiveness of Jacobson's Progressive Muscle Relaxation Techniques to reduce Anxiety and enhance Mental Health among Type 2 Diabetes Patients

INTERNSHIPS

- Vaazhikaati Mental Hospital
- Heartfulness Counselling Centre
- As a part of our curriculum, I have done 2 years of case studies in departments like Psychiatry,Obstetrics and Gynaecology, Surgery, Paediatrics and Physical Medicine Rehabilitation