

VIVEK M M

Physical Education Teacher

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2/202, Kengarai village, Post
Kothagiri,
Nilgiris - 643217.

EDUCATION

RAMAKRISHNA MISSION VIDYALAYA

BHARATHIAR UNIVERSITY

B.P.Ed

2017-2019

BHARATHIAR UNIVERSITY

M.Com (CA)

2012-2014

STATE BOARD

HSC 2008-2009

SSLC 2006-2007

AREA OF INTEREST

- FOOTBALL
- VOLLEYBALL
- ATHLETICS
- SWIMMING
- KHO-KHO
- TABLE TENNIS

ACHIEVEMENTS

- Active participant in volleyball tournaments at school and college levels.
- **Secured runner-up** position in inter-school volleyball championship.
- Butterfly
- Freestyle
- Backstroke
- Breaststroke
- Trained students in all four competitive swimming strokes: butterfly, freestyle, backstroke, and breaststroke.
- Coached students who represented at **state-level swimming** competitions with consistent performance.
- Guided students to win the Chief Minister's Trophy **(CM Trophy)** in school-level sports meets.
- Acted as a mentor in the **Sahodaya Sports** Festival, encouraging holistic sports participation.
- Recognized for dedication in developing discipline, team spirit, and athletic skills in students.

SKILLS

- Physical Education Instruction
- Classroom and Behavior Management Sportsmanship and Team Building
- Time Management
- Leadership
- Health and Fitness Knowledge
- Physical Fitness Assessment
- Event Planning and Organization Motivational Skills

LANGUAGES KNOWN

- Tamil : Read, Write & Speak
- English : Read, Write & Speak
- Baduga : Speak

ABOUT ME

Aspiring for challenging career in a reputed institution and organization where I can apply my skills and knowledge to develop myself and the organization.

WORK EXPERIENCE

2020-2022

Riverside Public School

Physical Instructor

Dedicated and energetic professional with a strong background in physical education, fitness training, and student wellness. Skilled in planning and conducting physical training sessions, promoting healthy lifestyles, and organizing sports activities. Committed to improving students' physical fitness, discipline, and teamwork through engaging and structured programs.

2022-2023

Royal International School

Athletics Coach

Passionate and experienced coach with a strong focus on track and field training, athlete development, and performance improvement. Skilled in designing customized training programs, enhancing athletic skills, and motivating individuals and teams to achieve their full potential. Committed to promoting discipline, sportsmanship, and a competitive spirit in a supportive environment.

2023-2025

Frontline NewGen International School

Sports Education Facilitator

Enthusiastic and student-centered professional with expertise in delivering sports education programs that promote physical fitness, teamwork, and personal growth. Skilled in integrating sports into the academic curriculum, organizing sports events, and fostering an inclusive environment for all skill levels. Dedicated to inspiring lifelong interest in physical activity and healthy living.

REFERENCES

Riverside Public School

Physical Instructor

Phone: +917867096233

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Frontline NewGen International School

Sports Education Facilitator

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