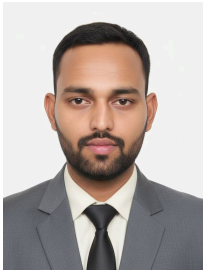
Imran Ahmad

Physical Education Teacher

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3/14 Aligarh Uttar Pradesh 202001 U4129584 Indian



PROFILE

Dedicated physical education teacher with classroom oversight, course planning and behavior management. Successful at collaborating with teachers, administrative leaders and support specialists to meet individual student needs. encouraging higher-order thinking to increase student performance.
I would like to impart my experience and knowledge to your students

PROFESSIONAL EXPERIENCE

Velammal Vidyashram School CBSE, Surapet Jun 2024 – Mar 2026
Physical Education Teacher Chennai, India

- Managed fitness activities and sports for middle classes
- conducted intramural games
- Managed of 11 & 12 standard practical exams strategy
- Discipline incharge of higher classes

Poona College Art's Science & Commerce Jun 2023 – Mar 2024
Physical Education Teacher Pune, India

- Effectively organize space, equipment, and students.
- Encourage and motivate children to be active.
- Helping in the evaluation and planning process for the school

Bishop school Feb 2023 – Apr 2023
Physical Teacher Pune, India

- Manage and conduct curriculum for nursery to second standard

Spark Fitness Club Jul 2017 – Feb 2020
Fitness & Yoga instructor Aligarh, India

- Assessment
- Design program
- Value of Nutrition
- Floor management

EDUCATION

Savitribai Phule Pune University 2022 – 2024
Master of Physical Education Pune, India

YMCA College of Physical Education 2020 – 2022
Bachelor of Physical Education Chennai, India

Manav Bharti University 2013 – 2016
Bachelor of Art's Shimla, India

SKILLS

Lawn Tennis, Yoga, Basketball, Volleyball, Rugby touch, Frisbee, American dodgeball, (coaching)

Classroom management | **Microsoft office** — *PPT , Excel, Ms Word* | **First Aid/CPR**

Confidence building | **Anatomy and Physiology** — *Awareness functioning*

Test creation and proctoring | **Positive Reinforcement** | **Diet and Nutrition Education**

PROJECTS

Organized multiple games event in CACPE Mar 2024 – Mar 2024
agashian krida sangram 2024

Workshop on strength and conditioning Feb 2021
Strength and conditioning

Workshop on Swiss Ball Feb 2021
Various excercise on swiss ball

Aligarh Muslim University workshop
Workshop on Yoga

CERTIFICATES

Diploma in Fitness
Level 2

Diploma in Yoga
Level 1

INTERESTS

- Cycling
- Creativity neuromuscular game
- Lawn Tennis
- Analysis health education system
- Strength & Conditioning
- share general knowledge fact with students

AWARDS

State Championship Archery

Premier league ATP participate

LANGUAGES

English, Hindi, Urdu, Tamil (beginner), Marathi (beginner)