

CONTACT

8248220161

manikandanh160@gmail.com

No 51 Vaisiyer street
,Thiyagadurgam Kallakurichi District

EDUCATION

2023 -2025
RATHINAM COLLEGE OF ARTS AND SCIENCE ,COIMBATORE.
M.SC APPLIED PSYCHOLOGY

2020-2023
SRI KRISHNA COLLEGE OF ARTS AND SCIENCE ,COIMBATORE
B.SC PSYCHOLOGY

SKILLS

- Communication skills
- Public Relations
- Teamwork
- Time Management
- Empathy
- Effective listening
- Problem solving

LANGUAGES

Tamil SRW
English SRW
Telugu S
Hindi RW

MANIKANDAN H

M.SC APPLIED PSYCHOLOGY

PROFILE

Postgraduate student in Applied Psychology with strong interest in psychology, technology, and human interaction. Passionate about enhancing customer experience, employee engagement, and mental well-being through innovative, psychology-informed solutions. Skilled in communication, empathy, and analytical thinking with hands-on internship experience in mental health and educational counseling.

WORK EXPERIENCE

SCHOOL COUNSELOR Jul 2025 - Apr2026

Kamala Niketan Montessori School CBSE,Trichy .

- Involving as a school counselor in every aspects of Student
- Conduct workshops related to personal development for students Individual counseling provided to students who are
- in need .

Athma Mindcare Hospitals, Trichy Jun 2025 - Jul 2025

Clinical Skills: Patient History Taking, Mental Status Examination (MSE), Psychometric Testing.
Behavioral Skills: Crisis Intervention, Empathetic Communication, Active Listening.
Knowledge Areas: Abnormal Psychology, De-addiction Protocols, Rehabilitation Counseling.

Pathfinder ,Business Analysis, Coimbatore Mar 2025 - May 2025

Technical: MS Office Suite (Advanced Excel), SQL, Data Visualization, Data Cleaning. Domain: Property Tax Consulting, Real Estate Market Research, Business Process Outsourcing (BPO) workflows. Soft Skills: Time Management, Attention to Detail, Analytical Thinking, Team Collaboration

SCHOOL COUNSELOR (Volunteer experience) Sep 2024 - Feb 2025

Kamalanathan Higher Sec School Venkitauram ,Coimbatore

- Conducted one-on-one and group counseling sessions for students.
- Helped identify behavioral and emotional issues in school settings.
- Promoted mental well-being and academic motivation

Royal Rehabilitation Centre,Chettipalayam,Coimbatore JUN2024-

Jul2024
Psychology Intern (30 Days)
Observed and supported psychological rehabilitation for individuals physical and cognitive impairments.

AGAM-THE MIND CARE CENTER

PSYCHOLOGY INTERN Jul 2023 - Aug 2023

- Assisted in case history documentation and psychological assessments.
- Supported parenting counseling sessions and learned intervention planning.
- Hands-on experience in mental health services and client interaction.

ACHIEVEMENTS 2021-2024

- Certified in NPTEL course of consumer psychology
- Certified in NPTEL course of Introduction to cognitive psychology
- Certified in NPTEL course of Psychology of stress , health and mental well- being
- Certified in NPTEL course on introduction in brain and behaviour.

PARTICIPATION WORKSHOPS AND WEBINARS

- Participated in Psychological well-being webinar which enhanced my knowledge in individual's essentials of mental health
- Attended various Workshops related to Counseling services which improved my knowledge in counseling sector.
- Participated in intercollege functions to expose my talents and learned new skills